Sports Highlights 2014 - 2015

 Mr. Mahesh Kushal Bilunga selected for the South Asian Inter - National Tchoukball Championship at Kathmandu, Nepal and won Gold Medal.

At Inter-Collegiate Tournament following students won the medals:

- Miss Pednekar Shantipriya B. won Gold Medal in Judo
- Mr. Kaisare Vinod D. won Gold Medal in Boxing
- Mr. Gaude Shubham B. won Silver Medal in Mallkhamb
- Mr. Diptesh Jalmi T. won the Silver Medal in Malkhamb
- Mr. Gaude Shubham B. won Bronze Medal in 110 mts Hurdle at Inter Collegiate Athletic meet
- Miss Oshine Rao has been selected for the Pre-National Coaching Camp of Goa State Senior Team for the 25th Senior National Tennis Ball Cricket Championship held at Himachal Pradesh.

Sports Highlights 2012 - 2013

- Two of our students, Sidhita S. Naik and Ms. Nasrin Banu A. R. Nallikan were selected to represent the BCCI South Zone Senior Women's T-20 Cricket Tournament held at Chennai. Mr. Sunil G. Vagekar Participated in the 32nd Junior National Kho-kho Championship held at Devilal Stadium, Gurgaon, Hariyana.
- Ms. Hema K. Gaude, Ms. Tanuja G Gaude, Ms. Bindiya Gaude were selected to represent Goa Floorball team for 7th Senior National Floorball championship.
- Mr. Aaron A. Pereira participated in the West Zone Inter-collegiate Volleyball championship, Mr. Nilesh Vagekar and Mr. Sunil G. Vagekar participated in the West Zone Inter-University Kho-kho championship.
- Miss Anuradha Sagga participated for Junior National Judo championship held at gurgaon, Hariyana.
- Mr. Aditya S. Parkar participated for Cricket Under 19 Cooch Behar Trophy held at Baroda organised by BCCI.
- We won consequetly for Third time Goa University Championship 2012-13 in the Inter-collegiate Volleyball (Men) Tournament for the third time.
- Runers-up at Inter-collegiate Cricket (women) Tournament (2012-2013)

 The college participated in various co-curricular and cultural activities and details list is provided as Annexure XII

Sports Highlights 2011 - 2012

- Mr. Khalid Mulla and Mr. Aman Kumar represented World Taekondo Federation for World Cup and Olympic qualifying trials which were held in November 2011. Also won Gold Medal at 34th National Games.
- Mr. Sumit Naik was adjudged as the Iron Man of the Year 2011-12. Also won Best Physique, weight lifting, Power lifting championship. Also won Gold Medal and the title Iron Man of Goa University. Also selected in the Goa Body building team to prticipate in the Mayor Trophy classic 2011 Western India Championship organised by State Body Building and Fitness Association Madhya Pradesh at Ujjain.
- Mr. Aaron Pereira, Mr. Devendra Hadkonkar and Mr. Sameer Noronha selected by Goa University to Participate All India Inter University in Volleyball.
- Mr. Laxman Prabhu Desai represented Goa University in Base ball (men) championship and participated in All India Inter University Championship.
- Ms. Sidhita S. Naik represented Goa University Base ball (women) Championship and participated in All India Inter- University Champonship.
- Ms. B S. Naik represented Goa University in Base ball (women) Championship and participated in All India Inter- University Champonship
- Ms. Jessy Dias represented Goa University in Base ball (women) Championship and participated in All India Inter- University Champonship.
- Mr. Vinayak P. Desai won Bronze Medal in Inter-collegiate Judo Men Championship organised by Goa University.
- Ms. Shaikh Bosabi won Silver medal in 400 mtrs Run (Women) inter-collegiate Athletic Meet organised by Goa University.
- Mr. Chetan Bakal was selected for the IBWAF, Indian Belt Wrestling Association as refree and Coach Seminar.
- Mr. Aditya Shet Parkar was selected for the U-19 Cricket Probabel's camp for Vinoo Mankad Trophy 2011.

Following students participated in inter-university, state, national and international events:

2010 - 2011

- Mr. P. Anand represented India in Taekwando at the Asian games held in Thanzlion, China. In 2010
- Mr. Sunil Naik was adjudged as the Iron Man of the Year 2010-11. Also won Best Physique, weight lifting, Power lifting championship at intercollegiate competition organized by Goa University.
- Mr. Khedekar Atikesh A. participated in the Inter University Volleyball Championship at S.P. University, Vidyanagar, Gujarat.
- Ms. Alvita Avelino Perena represented Goa Game of Volleyball (W) in the National Sports Festival held at Mandya (Karnataka) organised by Sports Authority of India.
- Mr. Sachin Noronha represented Goa in Sub-Junior National Aquatic Chmpionship held at Bangalore and secured third place in 1 mt spring Board organised by Swimming federation of India.
- Mr. Desai Vinayak won silver medal in Judo organised by Goa University.

Group Achievements

- In the Inter-collegiate Volleyball (Men) we won Championship of Goa University 2010-11.
- In the Inter-collegiate Volleyball (Men) we won Championship organised by Dempo Charities Trust, Dempo College of Arts and Science, Panaji- Goa.